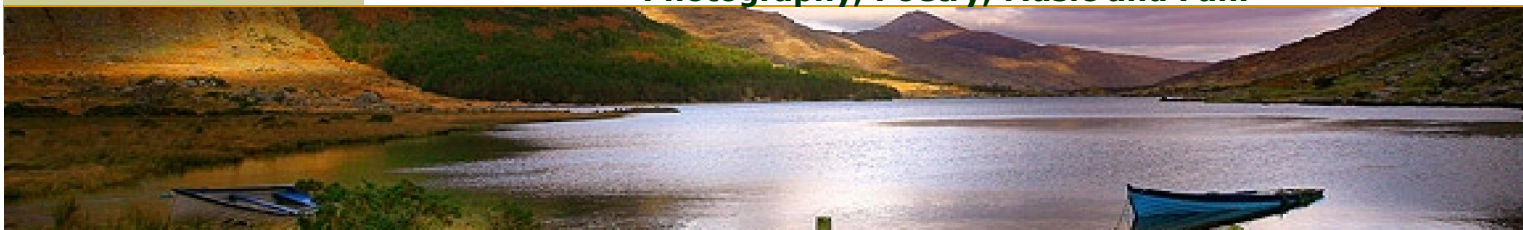


September
13-23, 2012

Come to your Senses: A Mindful Journey through Ireland with Barbara Wulf

Photography, Poetry, Music and Fun.



Details

9 nights/11 days
Arrive & depart Dublin

Some Highlights

- **Cliffs of Moher**
- **Cnoc Suain**
- **Doolin**
- **Clonmacnoise**
- **Dingle**
- **Lismore**
- **Kilkenny**
- **Dublin**

Dates

Depart Sept 13 , 2012
Return Sept 23, 2012

Cost: \$2,575.00
per person sharing
(Plus Air—approx.
\$1,200)
Extra cost for
single room
\$450.00

Included in your trip:

Accommodation for 9
nights with full breakfast
each morning

6 Evening dinners.

1 day with private
photographer

Entrance fees to places of
interest noted.

Transportation with a
professional driver/guide.

Not Included:

Airfare
Items of a personal nature
(laundry, telephone, etc.)
Gratuities for driver/guide.
Lunches and 3 dinners.

Fri 14: Dublin to Lismore: High Kings and Castles

Arrive Dublin Airport and travel south to the Rock of Cashel, once the seat of the High Kings of Munster. Travel to Caher and across the Knockmealdown Mountains to the lovely town of Lismore in Co. Waterford. Late afternoon, refresh and enjoy a walking tour and learn the ancient history of the town founded as a monastic site in the 6th century. Welcome dinner at your hotel this evening.

Sat 15: Mindful Photography on the Waterford Coastline

After breakfast depart toward Dungarvan, along the coastline to Bunmahon where we meet with a local photographer, who will help make the most of your camera skills to ensure great photos of your trip. Lunch included. Return to Lismore for dinner and overnight.

Sun 16: Lismore to Killarney: Small Towns and Gardens

A relaxing morning to enjoy breakfast and explore the Lismore Castle and surrounding gardens on its stunning perch above the River Blackwater. Depart late morning to the beautiful towns of Fermoy and Mallow, as we head to Killarney for overnight and dinner.

Mon 17: Dingle Peninsula: Seascapes and Beehive Huts

Enjoy exploring the Dingle Peninsula at leisure. Stunning seascapes and historic beehive huts surround you as we travel out to Sleah Head and Gallarus Oratory, built between the 7th & 8th century and used by monks for solitary prayer. Return to Killarney with evening at leisure to explore the town with its wonderful restaurants, and pubs.

Tue 18: Killarney to Doolin: Cliffs of Moher and Irish Music

After breakfast, enjoy a guided tour of the beautiful Muckross House, a stunning and formerly private 65-room home. Later travel to Tarbert and take the ferry across the Shannon to Killimer in Co. Clare. Continue to Lahinch and on to the Cliffs of Moher, watching the coastline rise 700' above sea level from Hags Head to O'Brien's Tower. Overnight and dinner in Doolin and Traditional Irish music. After all it's what Doolin is famous for!

Wed 19: Doolin to Galway: Exploring and Meandering

After breakfast, with a local guide, explore the fascinating Burren with its rare flowers and lunar-like landscape. Continue to Galway, one of Ireland's most captivating cities, and tour some of the historic sites. Enjoy free time to walk the bustling, narrow, and shop-filled streets before escaping along Galway Bay to the coastal town of Barna for dinner & overnight.

Thur 20: Connemara: Rugged Landscapes, and Traditional Music

After breakfast experience the beauty of rugged Connemara, with its stunning bog and mountain scenery. Visit the seaside town of Clifden and take morning coffee at Ballynahinch Castle before visiting the Labyrinth in the walled garden. Return to Barna for dinner. After dinner enjoy an evening of traditional Irish music at Cnoc Suain, situated in a Irish/Gaelic speaking area, steeped in traditional music, song and Irish dance.

Fri 21: Galway to Dublin: Ancient Ruins and Lively Pubs

After breakfast, depart Barna and travel across the midlands to the castle and monastic ruins of Clonmacnoise, the 6th century settlement founded by St. Ciaran. Continue to Dublin and have the evening at leisure to explore the pubs, restaurants and culture of this lively city.

Sat 22: Dublin: Explore and Farewell

Get acquainted with Dublin on a panoramic sightseeing tour of the city. Afterwards, there will be plenty of free time to explore the city sites, heritage, and Guinness Brewery on your own. To end your trip to Ireland, enjoy a farewell dinner with Irish folklore tales and music.

Sun 23: Dublin to USA

Depart Dublin Airport for your return flight home.

